**Smart Fitness Band** Please read and save all instructions to ensure safe and effective use of this product.

Instruction Manual

# Wear it properly

The wristband is best worn after the ulnar styloid Adjust the size of the wrist according to the adjustment hole: Buckle belt

The sensor should be close to the skin to avoid moving. Charge the bracelet

For the first time, make sure that the battery is in normal power, If the power is not turned on normally, please connect the charger to

charge the device, and the bracelet will automatically turn on. Install the bracelet app on your phone



System Requirements: Android 5.0 or above; iOS9.0 or above; Support for Bluetooth

Scan the OR code or go to the App Store, app download and install

 Whether the default clock page of the bracelet, press the short press function key to switch to view different pages, no operation default five-second

blood pressure need bracelet hardware support)

After the pairing is successful, the APP will automatically save the

running the background and reading the contact information.

the background, it will automatically search and connect the bracelet;

Android mobile phone Please ensure that the APP runs in the background

and the mobile phone system settings are given all permissions such as

. When the device is turned off, touch and hold the function button for more

second wristswitch to turn off the phone. Short press will exit the shutdown

Bracelet reset device This function will clear all data of the bracelet (such as

. Under the power on state, touch the short press function key to light up the

In the Bluetooth address interface of the bracelet, press and hold the 2

Bluetooth address of the bracelet, and when the APP is opened or running in

· Switch to the heart rate three-in-one interface to start the test, heart rate three-in-one interface 60s timeout automatically off screen (heart rate and

Clock interface After syncing with the phone, the bracelet will automatically calibrate the time. Press and hold the standby interface for 2 seconds to switch the clock interface

of 24/12 hours. ( tracks Step )

Number of steps Wear the bracelet and record the number of daily movement steps to view the current real-time steps. The distance of motion is estimated based on the number of walking steps.

Device connection For the first time, you need to connect to the APP for calibration. After the connection is successful, the bracelet will automatically synchronize the time. Open the phone app→click to start scanning→ click onthe device.

Bracelet function description

than 3 seconds to turn the device on

step counting)

After entering the heart rate three-in-one test interface for a few seconds, the current heart rate, blood pressure, and blood oxygen test results are displayed. This feature requires a wristband to support heart rate and blood pressure sensors

Estimate the ealories burned based on the number of walking steps

Heart rate, blood pressure, blood oxygen three- in-one

### Multi-sport mode (Running Mode)

Under this interface, you can record the calories and duration of running

(Skipping rope mode) Under this interface, you can record the calories and duration of rope skipping.

Under this interface, you can record the calories and duration of sit-ups. (Sleen mode)

When you fall asleen, the bracelet will automatically enter the sleen monitoring mode: Automatically detect your deep sleep/shallow sleep/wake up all night and calculate your sleep quality: Sleep data is only supported for APP viewing. Note: Wearing a bracelet to sleep will have sleep data and start to detect sleep at 10 o'clock in the evening. Sleeping 314 hours of sleep data will be synchronized

to the APP while sleeping Information mode When the bracelet pushes multiple reminder messages, enter this interface to

### view the last 3 message records

APP function and settings (Personal information)

## You can also set your daily goal steps to monitor daily completions

(Application push)

incoming, call:

SMS notification:

in the wristhand will vibrate and display the name or number of the

caller.(You need to give APP read address book permission)

In the connected state, if the call alert function is enabled, when the call comes

Please set your personal information after entering the app.

### Settings - Personal Information, you can set gender - age - height -

(Looking for a bracelet)

synchronization is successful, even if the APP is not connected, the bracelet

In the connected state, if the SMS reminder function is enabled, the bracelet

In the connected state, if this function is enabled, when there is a message

three message records in the ring information menu). (You need to give the

Turn on vibration to set this function. When there is a call, message or other

reminder, the bracelet will vibrate. If it is closed, the bracelet will only have a

such as WeChat, OO, Facebook, etc., the bracelet will vibrate to remind

and display the content received by the app. (You can also view the last

APP permission to get system' notifications. The wristband can display

When using the reminder function, you need to set it to allow "FitPro"

to run in the background: it is recommended to add "FitPro" to the

In the connected state, 8 alarms can be set. After setting, it will be

synchronized to the bracelet; offline alarm is supported. After the

screen reminder without shaking to avoid disturbing.

In the connected state, click the "Look for the bracelet" option and the bracelet

the remote camera interface, shake/turn the wrist/touch the bracelet, and

automatically take a photo after 3 seconds of counting down. Please allow the

APP to access the photo album to save the self-portrait photo.

### will vibrate.

In the connected state, start the photo from the wristhand or the APP to enter

will vibrate when there is a text message.

Other reminders:

20-40 words).

Other funections:

Tips for Android users:

(Alarm setting)

2. Please Connect the bracelet when synchronizing data.

(Sedentary reminder)

rights management and open all permissions.

will be reminded according to the set time,

(Remote photography)

# 3.Use the included charging cable to charge.

4. Do not expose the bracelet to high moisture, high temperature, or very low temperatures for long periods of time

\*Host \*Wrist strap \*Charging cable \*Packing box and instructions

5. The bracelet appears to crash and restart. Please Check the phone memory information clear and try again, or exit the APP and reopen it.

1.Bathing and swimming should not be worn.

wristhand

Precautions

Component introduction

## Our product is guaranteed to be free from manufacturing defects for a period of 12

Our goods come with guarantees that cannot be excluded under the Australian

Consumer Law. You are entitled to a replacement or refund for a major failure and for

to have the goods repaired or replaced if the goods fail to be of acceptable quality and

To claim warranty, please contact the place of purchase. You will need to show receipt

Any expenses relating to the return of your product to the store will normally have to be

or other proof of purchase. Additional information may be required to process your

compensation for any other reasonably foreseeable loss or damage. You are also entitled

If your product becomes defective during this period. Electus Distribution will repair

replace, or refund where a product is faulty; or not fit for intended purpose. This warranty will not cover modified product; misuse or abuse of the product contrary to user instructions or packaging label; change of mind and normal wear and tear.

Setting this feature reset will erase all data in the bracelet (such as step

Remove device This feature will grass data and remove device

Set whether to enable the sedentary reminder function, you can set the reminder

Turn this function on. When the wristband is in the state of the screen, lift your

Turn on the Do Not Disturb mode. You can set the Do not disturb time period

During the set time period, the bracelet stops receiving notification messages to

OS9.0 and above/Android 5.0 and above

interval, if you sit for a long time in the set time, the bracelet will remind.

wrist and turn the screen to yourselfto light up the screen.

(Raise your hand to brighten)

(Do not disturb mode)

(Device reset)

(Remove device)

Basic parameters

Vibration motor

avoid reminding messages.

Bluetooth4.0 -10°C~50 °C sensor Low Power Acceleration

# paid by you

The benefits to the customer given by this warranty are in addition to other rights and remedies of the Australian Consumer Law in relation to the goods or services to which this warranty relates.

Warranty Information

This warranty is provided by:

Electus Distribution

Address 46 Fastern Creek Drive Fastern Creek NSW 2766

failure does not amount to a major failure.

Ph. 1300 738 555